

PRO'S GUIDE TO PISTOL SHOOTING FUNDAMENTALS

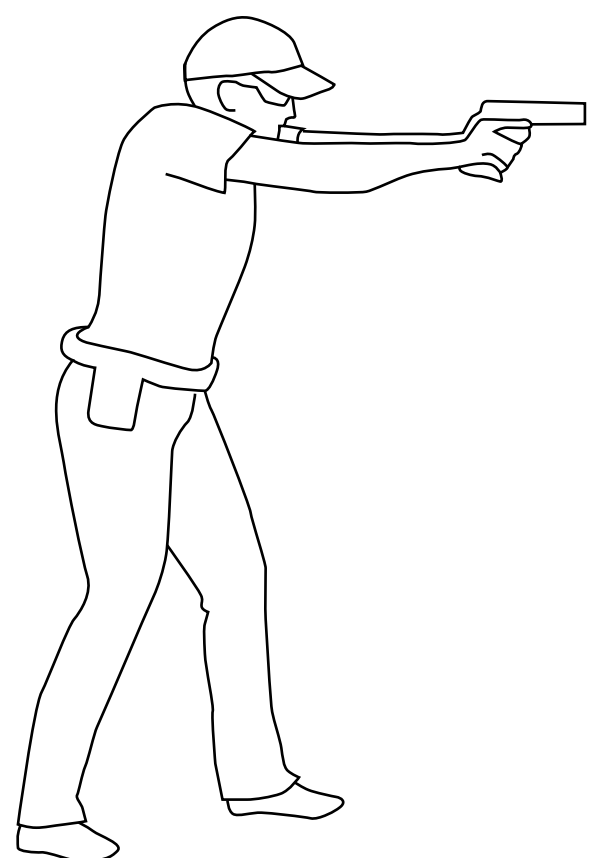


WATCH THE VIDEO SERIES HERE

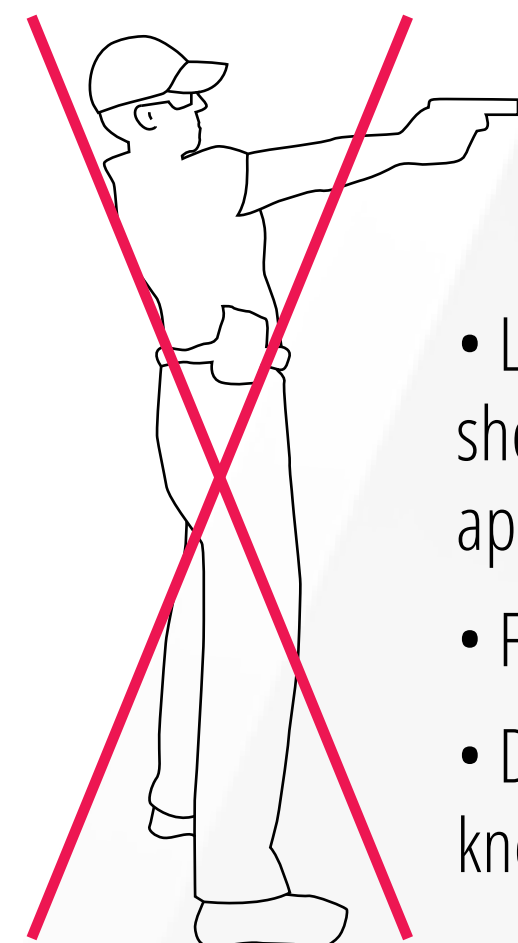


STANCE

CORRECT



INCORRECT



- Legs shoulder-width apart
- Feet offset
- Drive the front knee forward



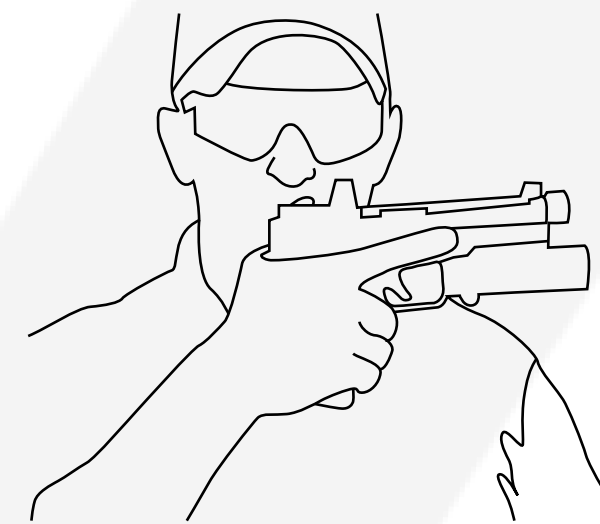
GRIP

USE PINKY TO START GRIP



- Strong pinky pressure to start the grip
- Establish immediate strength

USE FULL HAND TO COMPLETE THE GRIP

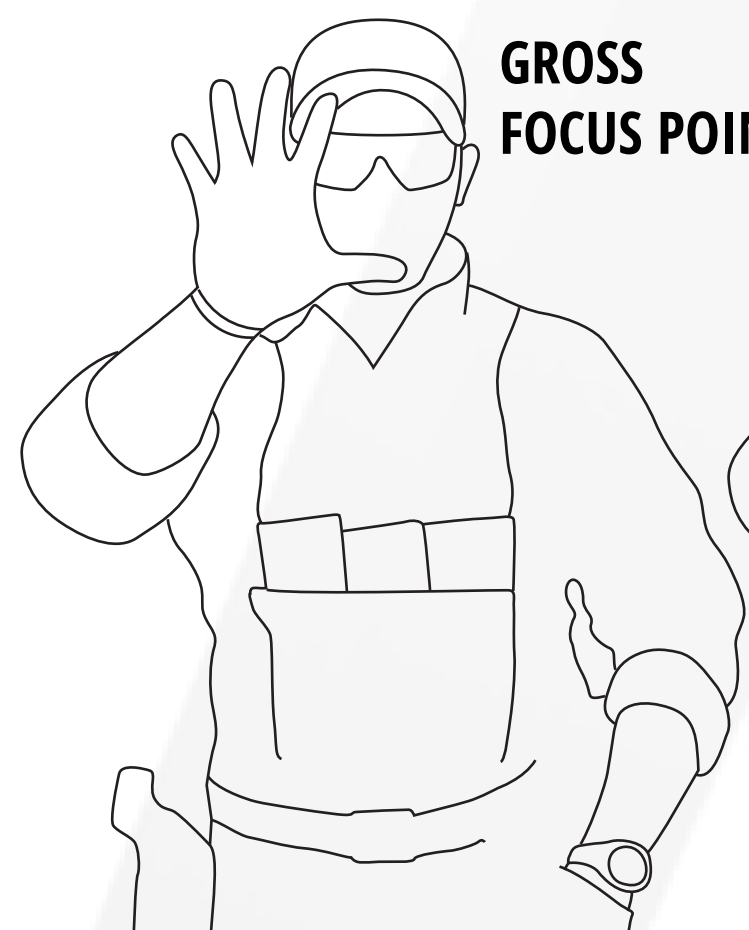


- Rely on leverage

60/40 rule: dictates how much grip pressure to apply, but is impractical because it's too hard to judge whether you're applying 60 percent or 40 percent of maximum grip pressure

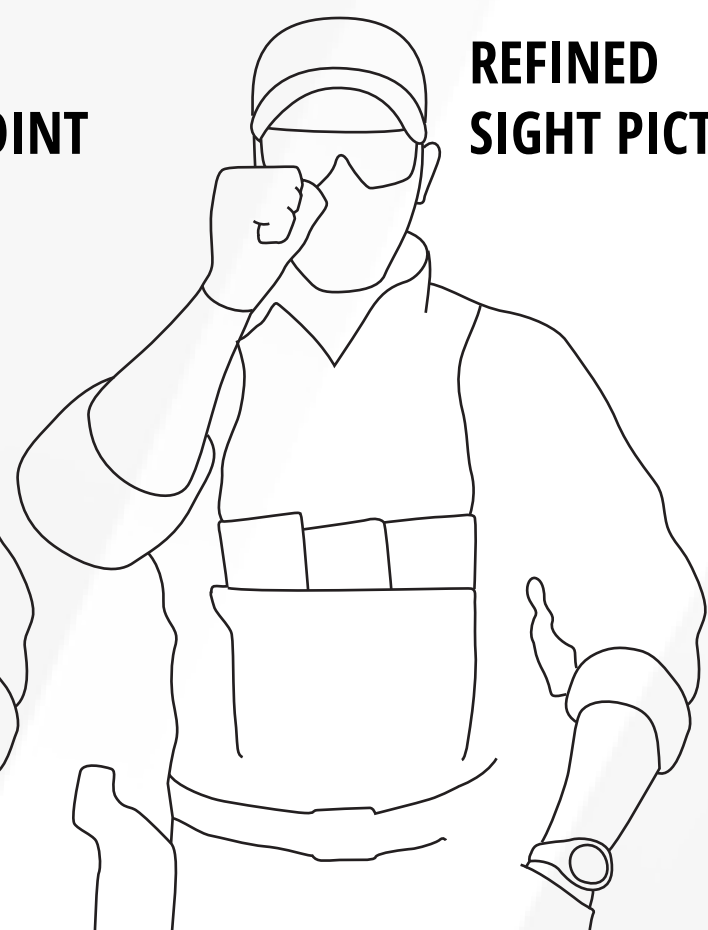
SIGHT PICTURE

GROSS FOCUS POINT



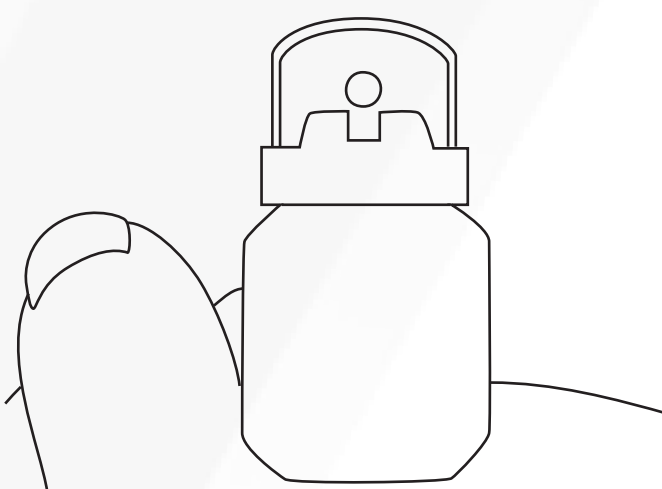
- Aim small to miss small

REFINED SIGHT PICTURE



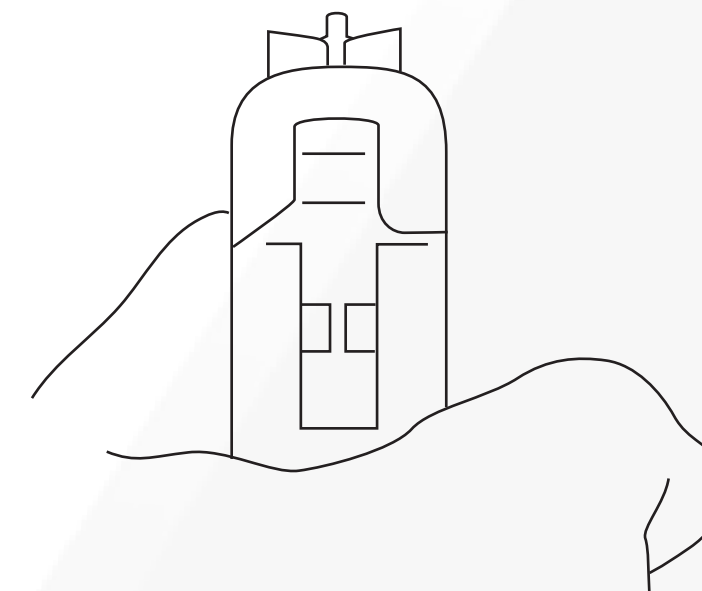
ALIGNMENT

EASIER: SINGLE FOCAL-POINT



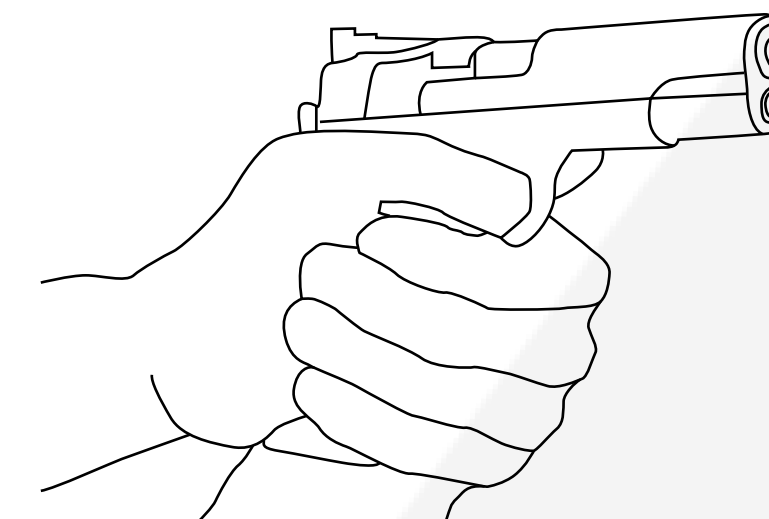
- Drive the gun to a refined sight picture

MORE COMPLICATED: DOUBLE FOCAL-POINT

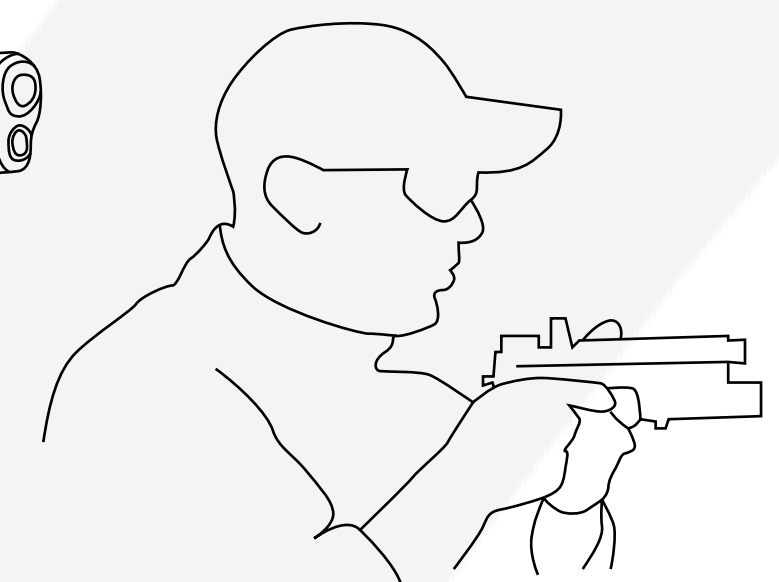


- Don't look for the dot
- Rely on your mechanics

TRIGGER CONTROL



- Trigger prepared the instant you plan to engage

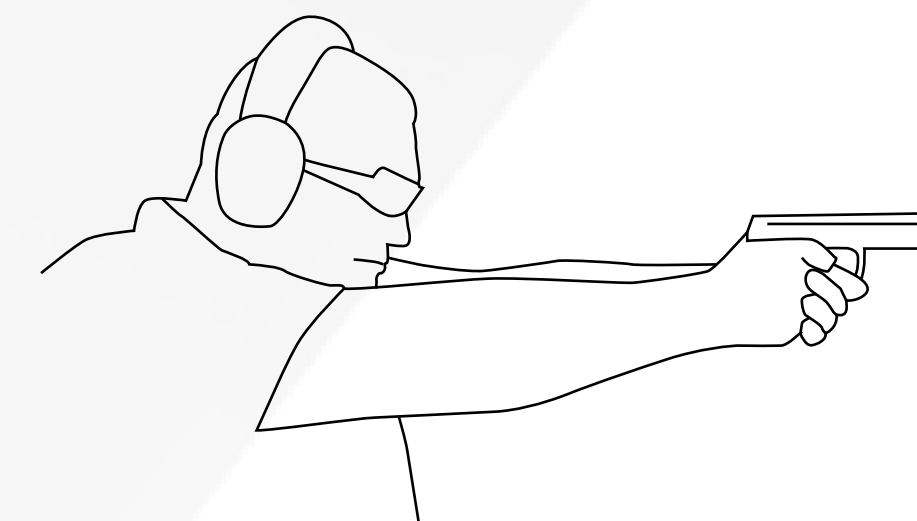


- Drive the gun straight to your eyes

- Isolate the joint while squeezing the trigger



FOLLOW THROUGH



- Remember to breathe
- Reset the sight back on target
- Natural placement on the trigger
- Maintain aim after taking the shot

PRO'S GUIDE TO PISTOL SHOOTING FUNDAMENTALS



WATCH THE VIDEO SERIES HERE



DRAW

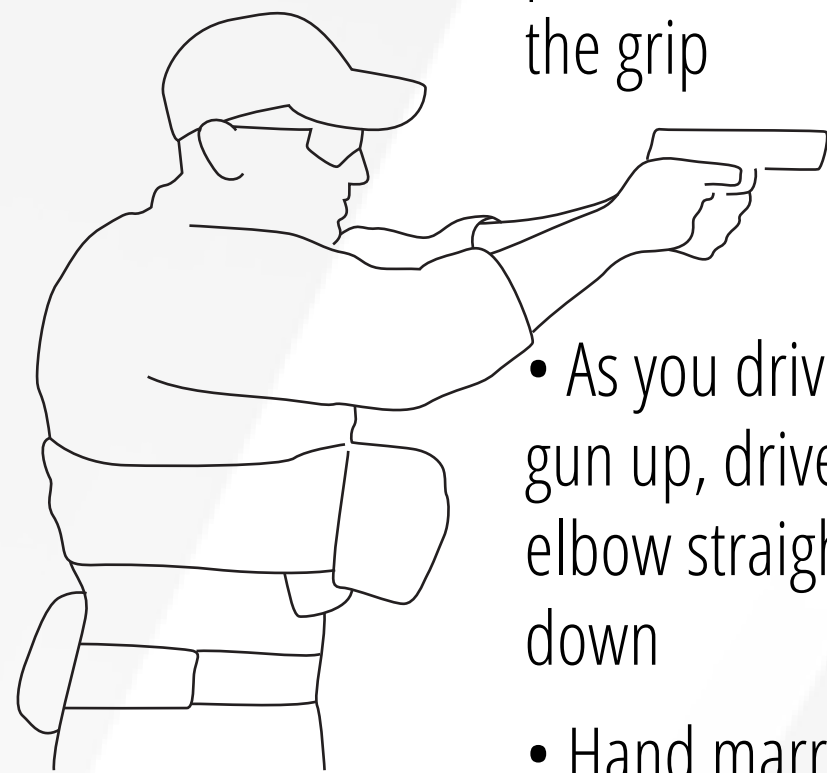
DRAW FROM HOLSTER



HANDS MEET AT CLIPPING POINT



DRIVE HANDS STRAIGHT OUT

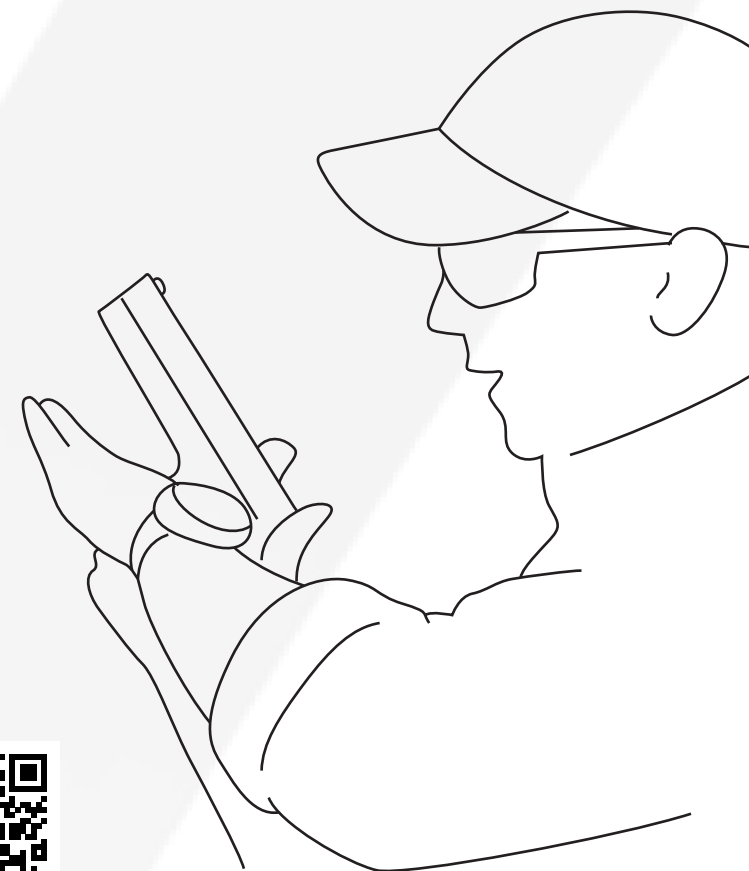


- Strong pinky pressure to start the grip
- As you drive the gun up, drive your elbow straight down
- Hand marriage

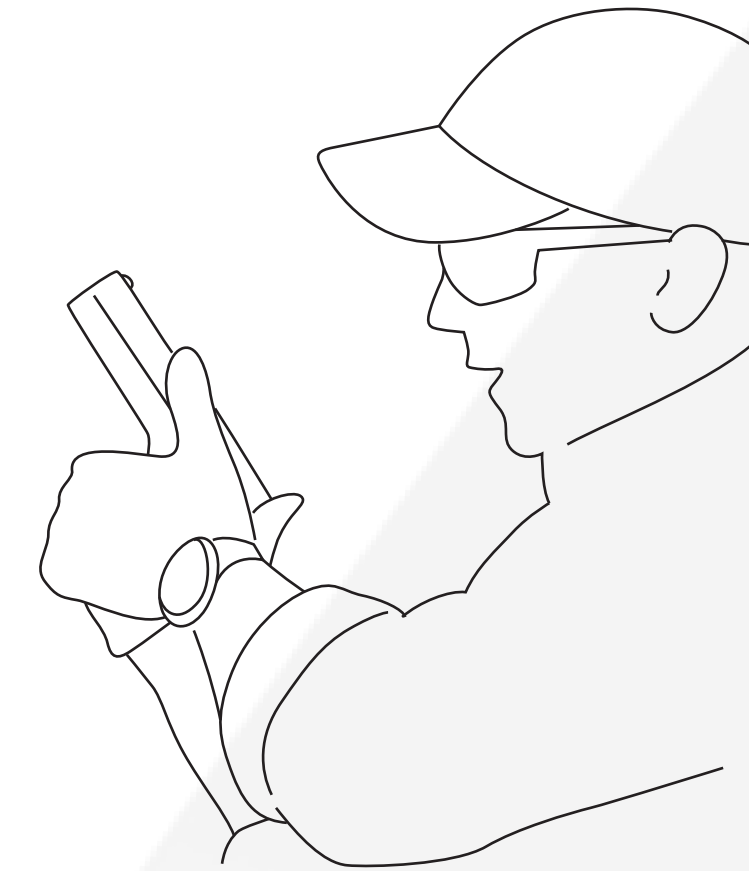


OUTSIDE PRESENTATION

LEVERAGE



FRICTION



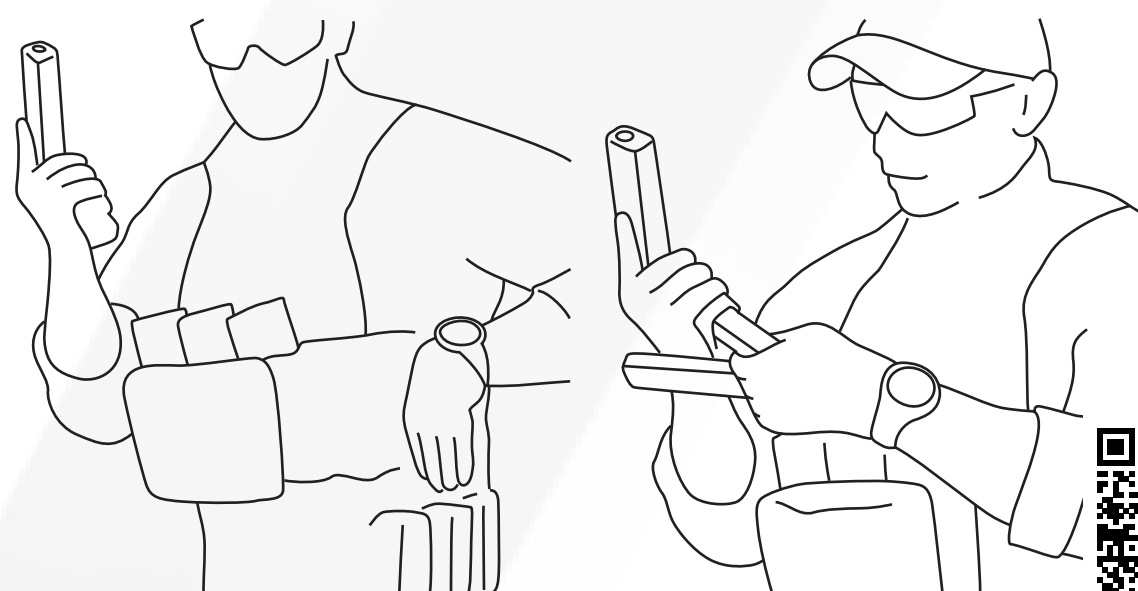
- Build leverage with fingertips
- Hands meet in a natural position, as when clapping
- Consistency breeds precision
- Firm grip, correct pinky pressure, leverage, friction, bone support

RELOADING



HANDS MEET AT CLIPPING POINT

- Take your index finger off the trigger
- Bring the gun's grip closer to your chest
- Reach for a full magazine
- Bring the new magazine as close as possible to your gun
- Rotate your index finger, pull out the empty magazine, and switch it with a full one

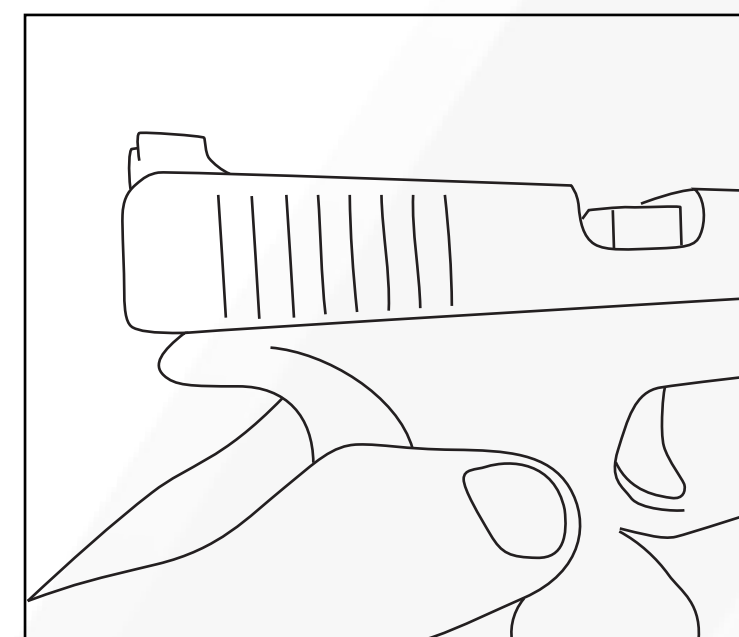


DRAW FROM HOLSTER

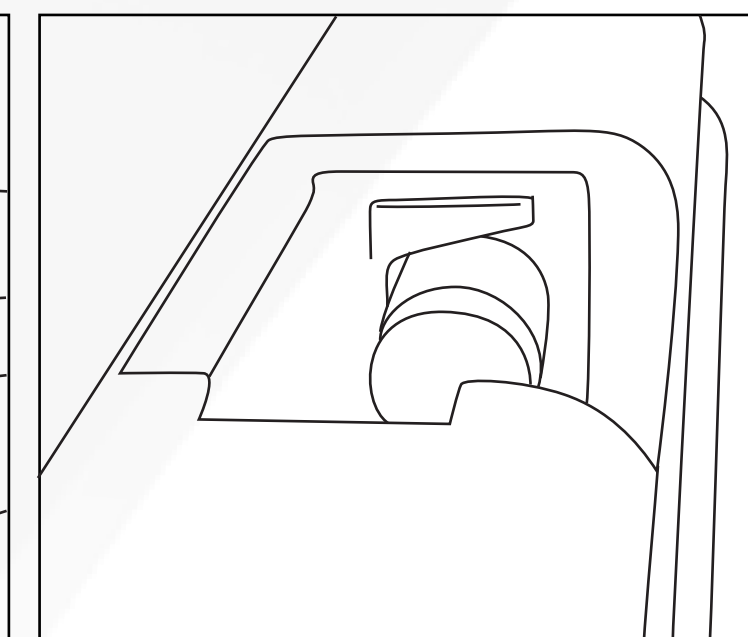
- Take your index finger off the trigger
- Bring the gun's grip closer to your chest
- Release the magazine
- Use your nondominant hand to reach for a new magazine
- Index the new magazine in the gun

IDENTIFYING COMMON MALFUNCTIONS

FAILURE TO FEED



FAILURE TO FIRE



FAILURE TO EJECT

